



Loughborough Town Swimming Club

Annual Gala 2009 – Under ASA Law and Technical Rules

The Annual Gala will be held over three evenings, Saturday 12th September, Thursday 1st October and Saturday 3rd October at Loughborough Leisure Centre.

Girls & boys medals for the first three positions for each event will be awarded during the Presentation Evening. Points will be awarded to the first six in each age group. In the event of a tie a count back arrangement will be used. The events that count are freestyle, backstroke, breaststroke, butterfly, individual medley (not 9 years or younger) and 200m freestyle. Trophies and medals will be presented at a Presentation Evening, to be held later in the year.

All events will be heat declared winners, there will be no finals. Boys and girls will swim in adjacent lanes in heats according to LTSC recorded times, with the fastest heat ‘spear headed’.

All swimmers are expected to enter at least two events.

Event programme

	Saturday 12 th September		Thursday 1 st October		Saturday 3 rd October	
9 and under	25m back	25m fly		200m free	25m free	25m breast
10 years	50m breast	25m fly	50m back	200m free	50m free	100m IM
11 years	50m breast	50m fly	50m back	200m free	50m free	100m IM
12 years	50m breast	50m fly	50m back	200m free	50m free	100m IM
13 years	100m back	50m fly	100m breast	200m free	100m free	100m IM
14/15 years	100m back	200m IM	100m breast	200m free	100m fly	100m free
Over 15	100m back	200m IM	100m breast	200m free	100m fly	100m free

Each evening commencing at 6:00 pm with a warm up & the first event start at 6:30pm.

Entries close on Tuesday 8th September.

LTSC Annual Gala 2009 ENTRY FORM

Swimmers Name

Age in years on 31st December 2009 , or ‘Over 15’.

Please tick the events you wish to enter

Backstroke Breaststroke Butterfly
 Freestyle Individual medley 200m Freestyle

The entry fee is £3 for 2 events (minimum charge) + £1.50 per additional event.

Total fee £..... (Cheques made payable to LTSC)

LTSC are keen to identify any volunteers to help run this event. If you are willing please indicate below.

Name

Email address